**Mrs Bruce, our Health specialist, has been working with Primary 6 on Road Safety Issues and how to deal with these.**

**Take a look at what we have worked on in our class sessions with her.**

**What we know about Road Safety:**

Look both ways before crossing.

Always wear a seatbelt in a car or bus.

Don't cross between parked cars.

Make sure you can see what's coming when crossing the road.

Don't distract road users/drivers.

Always wear a cycle helmet.

Always wear bright clothing.

Use reflectors on a bike/clothing.

Wear good shoes for cycling.

Make sure the vehicle is in good repair before setting out on your journey.

Don't wear wide leg trousers when cycling. Use bicycle clips to secure trousers.

Stay sitting when traveling by bus.

Wait till the vehicle you got out of has moved away before crossing the road.

Always get in and out of a vehicle on the pavement side.

**Expected Risks or Dangers:**

Platforms at train stations - Dangers of children playing or leaning over the platform to watch trains.

Being a spectator at a car rally.

Crossing the road near a corner.

Being a pedestrian on an icy pavement/road.

Overtaking at blind spots on roads.

**Ways we can be distracted when crossing the road:**

Listening to music as you cross.

Sending or receiving texts on your mobile.

Friends waving to you across the road.

Noticing something that interests you.

Ice cream van.

Chasing after a smaller child that has run on to the road.

Playing hand held games consoles/mobile phones while walking/crossing.

Talking to a friend while crossing.

**A piece of advice for a friend to keep them safe.**

Don't walk on the ice.

Stop, look, listen and think.

Use the Green X Code.

Don't take risks when crossing.

Don't disembark until a vehicle has stopped moving.

Don't cross behind a bus.

Don't cross between parked cars.

Don't wave to or distract passing cars.

**STAY SAFE AND AWARE WHEN YOU ARE OUT AND ABOUT!**